



Neighborhood Emergency Planning



Know Your Neighbors

Prepare Your Neighborhood



In This Packet You Will Learn:

Table of Contents:

The dangers residents of Montpelier face due to natural disasters

The key steps toward neighborhood readiness

How to prepare for and respond to a flood

How to prepare and respond to a winter ice storm

How to be prepared for evacuation and transition

Your Neighborhood
Page 3

Flood Safety
Pages 4-5

Ice Storm Readiness
Pages 6-7

Know Your Neighbors Survey
Page 8

**Evacuation/Shelter;
Important Contacts**
Page 9

**City of Montpelier Floodplain
Map**
Page 10

**OK/HELP Sign- Place in
street facing window during
emergency**

Your Neighborhood

During, or immediately following a disaster, your most immediate source of help are the neighbors living around you.

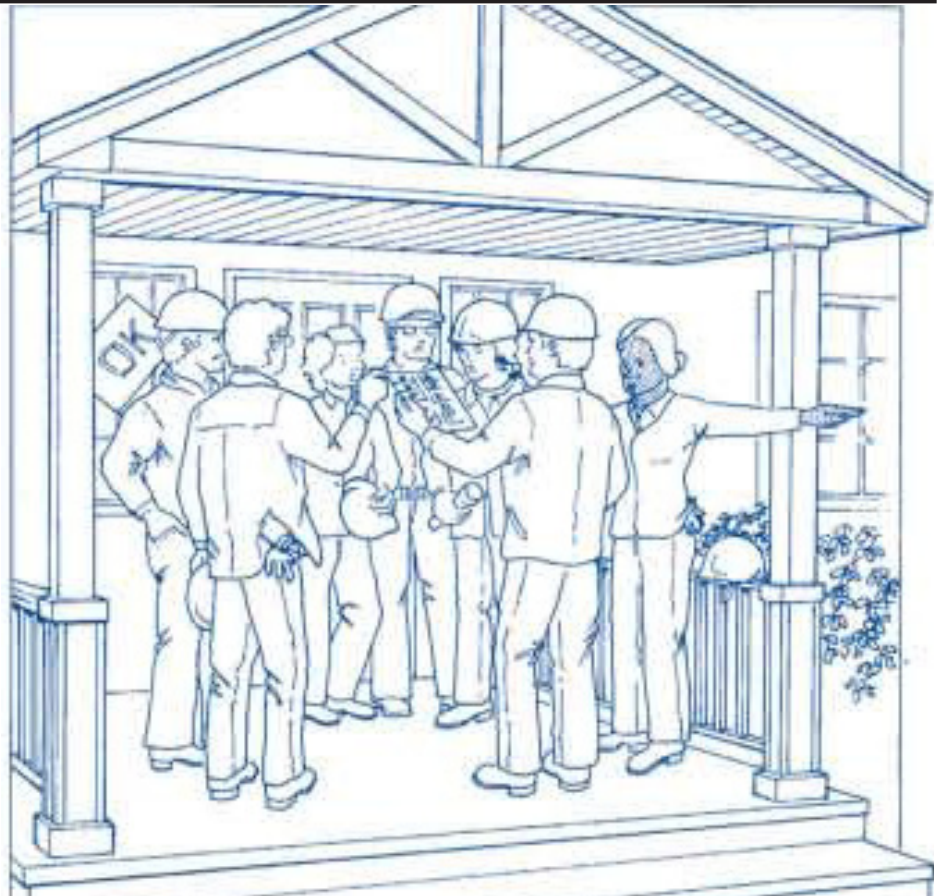
The City of Montpelier is divided into 16 neighborhoods with leaders who meet city staff on a monthly basis. Your neighborhood provides a key role in facilitating winter readiness and can keep you updated on relevant information.

The **City Website's Community Page** includes a neighborhood section, allowing residents to link with their neighbors: www.montpelier-vt.org/group/19

Write your Neighborhood Gathering Site here:

A Neighborhood Gathering Site

provides a place of contact and refuge during a disaster, allowing neighbors to check in on one another and share vital information.



Prepare for a Flood

Floods are extremely dangerous, causing \$1 Billion worth of damage and 90 deaths per year nationwide. Two major floods in 2011 show the constant potential for hazard in our area. Follow this guide to ensure your family and neighborhood are prepared.

Flood Insurance

Homeowner's insurance policies do not cover damage from floods. However, because Montpelier participates in the National Insurance Program, you can purchase a separate flood insurance policy. Ask your insurance agent.

Prepare Your Home

Elevate the furnace, water heater and electric panel if susceptible to flooding. Consider installing a check valve in sewer traps to prevent floodwater from backing up into your drains. Consider sealing your basement with waterproofing compounds.

Is Your Home In A Flood Plain?

View the map at the end of this brochure and visit the City's website to view the maps located in the **Flood Information** section:
www.montpelier-vt.org/community/344/Flood-Information

During a Flood

Stay Updated

Listen to local radio or watch a local news station:

Radio: WDEV AM550 FM96.1

Television: WCAX Channel 3

Subscribe to the City Email/Text Alert System:

www.montpelier-vt.org/page/381

Flood Water Toxicity

Flood water is often contaminated with sewage, toxic chemicals, fertilizer, pesticides and other dangerous substances.

Assume during a flood that your tap water may be contaminated.

Do not eat any food that has come into contact with flood waters.

Wash your hands with non-contaminated water before eating or preparing food. Listen to storm updates regarding water safety.

If You Leave Your Home

Do not walk through moving water.

Secure your home:

Turn off all utilities and gas at the main switch of your home if instructed to do so, do not touch electrical equipment if you are wet or standing in water.

Do not drive in flooded areas, six inches of water damages most cars.

Go to higher ground if a flash flood is possible, abandon your car if necessary.

Prepare for an Ice Storm

Winterize Your Home

Simple measures can be taken that will greatly enhance a house's energy efficiency including:

- caulking around openings
- installing storm windows
- adding insulation to attics
- insulating pipes

Contact Central Vermont Community Action or Efficiency Vermont for more information.

Prepare Your Vehicle

Winterize your car:

- consider using snow tires,
- check your tire pressure,
- check your belts, hoses, oil and antifreeze.
- Maintain a full gas tank.
- Carry a winter stormkit including warm weather gear.

Fire Extinguisher Safety

Keep fire extinguishers on hand and make sure everyone in your home knows how to use them. House fires pose an additional risk when alternate heating sources are employed.



Prepare for an Extended Power Outage **During an ice storm, power can be lost for weeks instead of days.**

- Have batteries, a flashlight and a battery powered radio on hand.
- If power is expected to be out for an extended period, seek shelter somewhere else. Call 2-1-1 for shelter information.

During an Ice Storm

If In Your Home

- Call your power company to report a power outage.
- Check in with elderly neighbors.
- Never touch a downed power line or anything touching a power wire.
- Inadequately vented generators could cause carbon monoxide poisoning, make sure they are operated outside.
- Wear layered, loose fitting clothing, wear a hat, scarf and mittens.
- Turn off all appliances to prevent overloading the circuit when power is restored, leave on one or two lamps to let you know power is back.

If Outside

- Avoid overexertion
- Cover your mouth
- Keep dry
- Watch for signs of frostbite
- **Watch for signs of hypothermia, if symptoms are detected:**
 - Get the victim to a warm location
 - Remove wet clothing
 - Warm the core of the body first
 - Give warm beverages and seek medical attention

If In Your Car

- Drive only if necessary
- Travel in day, stay on main roads, keep others informed of your route
- **If trapped in your car:**
 - Stay in your car, pull off the highway, turn on hazard lights
 - Run the engine and heater about 10 minutes each hour to stay warm, crack the window
 - Exercise to maintain body heat
 - Take turns sleeping, one person should look for rescue crews
 - Drink fluids
 - Don't waste battery power, but keep interior light on at night

Know Your Neighbors Neighborhood Survey

		SKILLS AND EQUIPMENT INVENTORY	
		WHO KNOWS WHAT? WHO HAS WHAT? WHO CAN DO WHAT?	
		SKILLS/KNOWLEDGE	EQUIPMENT/SUPPLIES
HOUSE 1 Adult(s): Children: Best Phone: Email: Special Notes:	HOUSE 2 Adult(s): Children: Best Phone: Email: Special Notes:	First Aid Skills	First Aid Supplies
HOUSE 3 Adult(s): Children: Best Phone: Email: Special Notes:	HOUSE 4 Adult(s): Children: Best Phone: Email: Special Notes:	Child Care Skills Elder Care Skills	Tents/Spare Bedding Chain Saw
HOUSE 5 Adult(s): Children: Best Phone: Email: Special Notes:	HOUSE 6 Adult(s): Children: Best Phone: Email: Special Notes:	Search and Rescue Skills Plumber Skills	Generator NOAA Weather Radio
HOUSE 7 Adult(s): Children: Best Phone: Email: Special Notes:	HOUSE 8 Adult(s): Children: Best Phone: Email: Special Notes:	Carpenter Skills Electrical Skills Fire Fighting Skills	Camp Stove Walkie-Talkie Fire Extinguisher Ladder Crow Bar Strong Rope

Evacuation and Shelter

How to Evacuate

- When conditions threaten life or safety, public safety officials may order an evacuation.
- Gather all persons in the house and leave together, bringing your disaster kit with you.
- Listen to emergency alert radio for information and instructions.
- Wear protective clothing and sturdy shoes.
- Close and lock all doors and windows.
- Check with neighbors to see who needs assistance or transportation.
- If you have livestock, unless otherwise instructed, provide them with a three day supply of feed and water.
- Leave pet(s) at an appropriate shelter.

Finding a Shelter or Transitional Housing

Information on where to evacuate will be provided based on the nature of the emergency, city staff will visit your home if you need to evacuate.

Stay tuned to your radio and the city alert system to receive updates.

You may also contact the Red Cross.

Important Contacts

Write Your CAN! Leader's Name and Contact Information Here

Write Your Neighborhood Gathering Site Here

Out of State Relative:

FIRE-POLICE-MEDICAL/ 9-1-1

- Vermont Emergency Management
1-800-347-0488
- VT Trans Road Conditions 5-1-1
- Vermont 2-1-1 (Community Info and Referral)
- The Red Cross
802-773-9159
- Central Vermont Medical Center
802-371-4100
- WDEV: Emergency Radio Announcements
550AM & 96.1FM
- Central Vermont Community Action Council
802-479-1053
- WCAX: TV Announcements & school closures
Channel 3 or WCAX.com
- City Website: Alerts and Announcements
www.montpelier-vt.org
- Montpelier Celltext Alerts
www.subscribe@googlegroups.com
- Montpelier Police
802-223-3445
- Montpelier Fire
802-229-4913
- Green Mountain Transit
802-223-7287

CITY OF MONTPELIER 1992 and 2009 (draft) FEMA 100-YEAR FLOOD ZONES

NOTE: All 2009 FEMA Flood data is in DRAFT form and is subject to revision.

