

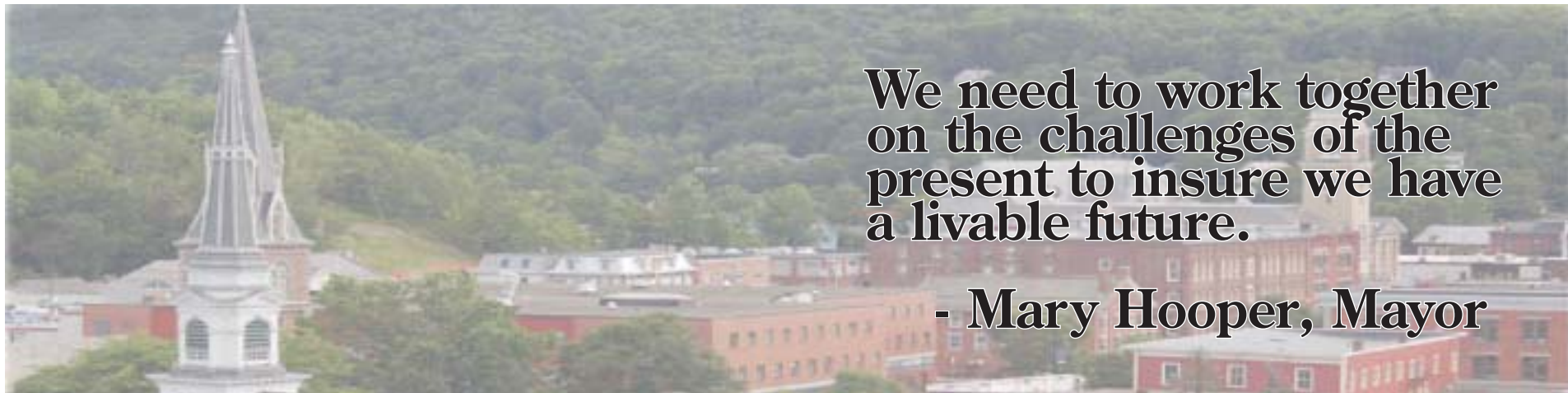
CITY OF MONTPELIER WINTER PLANNING



William Fraser - City Manager
Mary Hooper - Mayor

Montpelier CAN
Neighborhood Contacts
Fuel Assistance
Food Assistnace
Transportation Options
Energy Saving and Safety Tips

City of Montpelier
Department of Planning and Community Development
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**We need to work together
on the challenges of the
present to insure we have
a livable future.**

- Mary Hooper, Mayor

FUEL ASSISTANCE & WEATHERIZATION

The **Central Vermont Community Action Council (CVCAC)** manages several programs designed to help with heating needs. For more information, call CVCAC at 1-800-639-1053

Seasonal Fuel Assistance is available for low income Vermonters who meet federal eligibility guidelines - you can have a monthly net income of up to 125% of federal poverty levels.

Crisis Fuel Assistance helps Vermonters who experience a crisis during the winter months. To be eligible, your household income can be up to 150% of the federal poverty level.

WARMTH funds are available for emergencies from October through May, and can be used up to three times during the heating season.

The **Weatherization Program** helps low income residents save fuel and money by increasing their home's efficiency.

Button-Up Vermont: Central Vermont Community Action Council (CVCAC) will give a series of two hour workshops about the fundamentals of weatherization. Call Diana Peduzzi at 802-279-1708 for more information.

Montpelier Emergency Fund: This is an emergency fuel fund administered by the Faith Community in Montpelier. Donations can be made to Christ Episcopal Church, 64 State St. Montpelier. For information, call the church office at 223-3631.

Montpelier Service Officer: For assistance with urgent needs, contact the Service Officer through the police department at 223-3445.

2-1-1: Dial 211 on your phone for information on other services.

FOOD ASSISTANCE

Montpelier Food Shelves: The Montpelier Food Shelves are based at the Trinity Methodist Church Food Pantry at 137 Main St. (802-229-4674). The Methodist Church offers one visit a month for a week of food.

Home Meals: Meals are available through Meals on Wheels and other programs. Call 229-9232 for more information.

Community Meals are offered at lunchtime every weekday in Montpelier. Mondays at the Unitarian Church, Tuesdays at Bethany Church, Wednesdays at Christ Church, Thursdays at Trinity Methodist Church, Fridays at St. Augustine Catholic Church, and the last Sunday of the month from 4:30 - 6:00 at the Bethany Church.

Montpelier CAN!

WINTER EMERGENCY PLANNING



The City of Montpelier has begun an emergency planning project designed to help the city respond to emergencies that might arise this winter as a result of high food and fuel costs. The city is organizing teams of volunteers who will keep in touch with residents and keep communication open. The initiative is called Montpelier CAN! (Capital Area Neighborhoods). The goal is to create permanent Neighborhoods Associations within the city that can respond to emergencies that go beyond the capacity of local government to respond and also to serve as a link between city government and residents on other issues.

Join Montpelier CAN!

For information call Gwen, Kristin, or Cindy at 223-9506
ghallsmith@montpelier-vt.org
kfeierabend@montpelier-vt.org
cwasser@montpelier-vt.org

ENERGY SAVING TIPS FROM EFFICIENCY VERMONT

NO- AND LOW-COST STEPS

- 1. Keep the area near registers, radiators, air-returns and baseboards clear.** Vacuum or dust radiators and baseboards often and keep them clear of such obstructions as furniture and carpets.
- 2. Lower your thermostat.** By lowering the thermostat 10 degrees when nobody is home or when you're sleeping, you can cut your winter energy bills significantly.
- 3. Close fireplace dampers when you're not using the fireplace.** Heated air escapes from the house through an open chimney damper, whether or not there is a fire. Close the fireplace damper when the wood and ashes have gone cold and, if possible, avoid or reduce the use of wood-buring fireplaces on the coldest days of the winter .
- 4. Let the sun in.** Take advantage of the winter sun by opening the blinds, shades, and curtains to help heat your home on sunny days. Close curtains at night to help keep the heat in.
- 5. Seal windows and doors.** Windows and doors can be sealed with caulk and weather stripping for adequate protection against the elements. Inspect the caulk and weather stripping around doors and windows and replace anything that is cracked or damaged. Covering windows with heavy drapes will help reduce drafts and night time heat loss. Another simple way to reduce drafts is with an easy-to-use, inexpensive window kit. These kits, available at your hardware store, enable you to put a nearly invisible plastic sheet on the inside of your window for the winter.

Remember Safety Comes First!

Wood stoves, pellet stoves, electric heaters, propane heaters and other heating devices can be dangerous. You need a building permit in Montpelier to install a pellet or wood stove. Propane heaters should only be used when they ventilate to the outdoors - operating them in the house can be deadly. Electric heaters can start fires if they are left unattended.

TRANSPORTATION OPTIONS

GMTA's **Ticket to Ride Program** is a collaboration between Vermont's disabled community, the Central Vermont Council on Aging (CVCOA) and Green Mountain Transit Agency.

Montpelier and Barre Hospital Hill buses will travel off their fixed route up to 3/4 of a mile in either direction on request. These deviations cost an extra \$1.00 and only 2 will be allowed per hour. Passengers are to call 223-7BUS (7287) to request a deviation. Requests should be made at least 24 hours in advance.

Carpooling and Vanpooling: GMTA offers coordination services for carpools and vanpools. Call (802) 223-7BUS for information about leasing a van.

GMTA offers all car and vanpoolers enrollment in the **Emergency Ride Home** (ERH) program. The ERH program gives participants a free taxi ride to their car or destination, 8 times per year, up to \$50.00 per ride. Please call 223-7BUS to sign up for this FREE service!

Onion River Exchange:

The Onion River Exchange (ORE) is Central Vermont's brand new Time Bank Project. Our goal is to foster community well-being through time-based exchanges.

ORE is a network of individuals who spend and earn Community Credits in exchange for the services that they provide for each other. One of the most traded services in the exchange is transportation - local and regional rides.

Call Joanna or Monica at 223-9506 for more information, or visit www.onionriverexchange.org.

NEIGHBORHOOD CONTACTS

Downtown: Jim Sheridan, 229-9271, twomonts@comcast.net, and Joan Black, 229-1998, dadsmom1@hotmail.com

College Hill: Diane Derby, 223-4275 home, 202-494-0139 cell, diane.derby@gmail.com.

Park West: Jean Jolley, 223-7894 home, 585-5078 cell, jeanjolley@verizon.net.

Barre Street (The Barreo): Anne Watson, 310-4361 cell, anneofvermont@gmail.com.

Northfield Street: To be determined

Berlin Street: Jacquelyn Carlomagno, 229-1071, carlomagno.esq@gmail.com.

Towne Hill: Senator Bill Doyle, 223-2851 home, 371-7898 cell. wodoyle@comcast.net.

North Street: Bethany Pombar, 279-4466, expectjoy@yahoo.com.

The Meadow: Nicholas and Kate Nicolet, 522-6692 cell, nicholas.nicolet@gmail.com.

Upper Elm: Audra Brown, 223-6747, abrown@montpelier-vt.org.

Murray Hill: Linda Milne, 223-4141, lrnilnecpa@yahoo.com
