

**CITY OF MONTPELIER  
CAPITAL CITY OF VERMONT**

**City Manager's Weekly Report – 1/8/10**

**UPCOMING MEETINGS ...**

- ❖ **Bike Path Committee:** Monday, January 11<sup>th</sup> at 8:00 AM in the Manager's Conference Room
- ❖ **Financial Review Committee Meeting:** Monday, January 11<sup>th</sup> at 5:15 P.M. in the City Council Chambers
- ❖ **Planning Commission Meeting:** Monday, January 11<sup>th</sup>, 2010, at 7:00 P.M. in the City Council Chambers.
- ❖ **Senior Citizen's Committee:** Tuesday, January 12<sup>th</sup> at 1:00 PM in the Manager's Conference Room
- ❖ **Cemetery Commission:** Tuesday, January 12<sup>th</sup> at 4:00 PM in the Manager's Conference Room
- ❖ **Design Review Committee Meeting:** Tuesday, January 12<sup>th</sup>, at 5:30 P.M. in the City Manager's Conference Room.
- ❖ **City Council Meeting:** Wednesday, January 13<sup>th</sup>, at 7:00 P.M. in the City Council Chambers.
- ❖ **"Current Events Meeting":** Gwen has reserved the Memorial Room on Thursday, January 7<sup>th</sup>, at 6:30 P.M. for this meeting.

**FOR YOUR CALENDARS ...**

- ❖ **Welcome Legislators Reception:** Thursday, January 28<sup>th</sup>, 2010, from 5:00 to 7:00 P.M. at the Capitol Plaza.

**ENCLOSURES ...**

- ✓ Press Release from VLCT regarding Healthy Lifestyle Rewards Program w/copy of check for \$22,005.00
- ✓ Warning of Special Meeting for Montpelier Board of School Commissioners on 1/12/2010

**STATUS REPORTS ...**

**Financial Review Committee:**

I spoke with Auditor Tom Salmon today. The committee met with their contract accountant, Ray Cota, last night to review his findings/recommendations and begin preparing the overall committee report. As I understand it, they remain on schedule to complete their report on Monday the 11<sup>th</sup> and present that report to the Council on the 13<sup>th</sup>.

**Water Breaks:**

While we talked about the great job that our crews did on the water breaks, we didn't talk about some of the other damage. There were a couple of private properties that received water damage. We referred those claims to our insurer. I am told that those claims will be denied. I would imagine that the homeowners will not be happy about this and they may pursue the matter further. We already have one such claim denial being contested in court – the insurer provides the legal defense in those situations.

**Flood Mitigation Project:**

We met yesterday (via phone) with the state and the Army Corps. All is proceeding well. Work should commence in earnest in March.

**CITY MANAGER'S WEEKLY REPORT**

**January 8, 2010**

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**Carr Lot:**

Our project managers, DuBois & King, have looked at FEMA's proposed floodway mapping and think there is some opportunity for revisions based on the data. I asked them to pursue this further, including potentially filing an appeal of the floodway determinations. Until we have a better handle on this particular issue, we will not have a Carr Lot update in the agenda.

**Proposed Ricker Purchase:**

If any City Council member wishes to see a copy of the appraisal on the land for the proposed Ricker purchase on Main Street, please contact the City Manager's office.

**City Manager's review:**

I remind you that this task needs to be completed by the end of February. Last year some of you indicated a desire to change the format and method of this process. We obviously don't have much time if that is still of interest but I am willing to work on it with you if you would like.

**Reminder:**

Monday, January 18<sup>th</sup> is the Martin Luther King Day holiday.

**Upcoming Meetings:**

January 13	Receive Report from State Auditor and Committee Budget – First Public Hearing Warning/Ballot – First Reading
Thursday, January 21	Budget – Second Public Hearing Warning/Ballot – Second Reading Appointments to Planning Comm. & Conservation Comm.
February 10	Parking City Manager's review

William Fraser  
City Manager



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Executive Director

# Press Release

For Immediate Release

## Wellness Pays!

### ***Municipal Health Insurance Program Returns Money to Members for Fourth Year in a Row and to Individuals for the First Time for Participating in the Healthy Lifestyle Rewards Program***

Montpelier, Vermont. December 21, 2009. In recognition of their participation in a wellness initiative, eighty-six Vermont municipalities will soon receive checks from the association that insures them. Fifteen new members participated this year.

The Vermont League of Cities and Towns (VLCT) Health Trust will deliver just over \$288,000 in health insurance credits to the municipalities that successfully completed the fourth year of its Leader Program. Health Trust members will be credited for their wellness efforts in amounts up to \$22,000.

In addition to the Leader awards for municipalities, the VLCT Health Trust initiated a new program in 2009, called Healthy Lifestyle Rewards, to reward individuals. Subscribers could earn \$50-\$100 by getting a health screening, taking a health assessment, not using tobacco, exercising, eating well, getting a flu shot and participating in other wellness activities. In addition to the financial reward, participants were entered in a grand prize drawing for a trip for two, sponsored by CIGNA. Six hundred forty-one (641) individuals participated and received checks totaling \$61,920. The grand prize drawing took place on December 14, and the lucky winner was Nathan "Putt" Cowens from the City of Montpelier Public Works Department. Congratulations go out to Putt!

"We are very pleased to be able to financially reward our members and individuals for being proactive about their health," said Heidi Joyce, Senior Health Promotion Consultant with VLCT. "We know that our Leader Program asks a lot of our members, and we are very excited that they rose to the occasion and made wellness a priority."

Municipalities that participated in the Leader Program tracked their performance in a number of wellness programs and initiatives during 2009. Each one filled out a survey early in the year and again in October to measure their progress and earn a final score. Actions by towns, such as setting up a health and safety committee or hosting a flu shot clinic, were rewarded as were actions by individual employees, such as quitting smoking, completing a health risk assessment, or exercising more frequently. Municipalities also submitted underlying documentation so the VLCT Health Trust could verify their efforts.

The VLCT Health Trust Board of Directors supports the Leader Program as a way to encourage and reward municipalities for their wellness activities.

#### *Sponsor of:*

VLCT Health Trust, Inc.

VLCT Municipal Assistance  
Center

VLCT Property and Casualty  
Intermunicipal Fund, Inc.

VLCT Unemployment  
Insurance Trust, Inc.

VENDOR ID	NAME	PAYMENT NUMBER	CHECK DATE				
9024	MONTPELIER, CITY OF	00000000000004443	12/18/2009				
OUR VOUCHER NUMBER	YOUR VOUCHER NUMBER	DATE	AMOUNT	AMOUNT PAID	DISCOUNT	WRITE-OFF	NET
00000000000003812	LIFESTYLE REWARDS	12/18/2009	\$22,005.00	\$22,005.00	\$0.00	\$0.00	\$22,005.00
			\$22,005.00	\$22,005.00	\$0.00	\$0.00	\$22,005.00

COMMENT

3643


**VLCT HEALTH TRUST, INC.**  
 (802) 229-9111  
 69 MAIN STREET, SUITE 4  
 MONTPELIER VERMONT 05602

**CHITTENDEN**  
 A DIVISION OF PEOPLE'S UNITED BANK  
 686-1116

DATE: **12/18/2009**      AMOUNT: **\$22,005.00**

PAY **Twenty Two Thousand Five Dollars and 00 Cents**

TO THE ORDER OF **MONTPELIER, CITY OF**  
 69 MAIN STREET  
 CITY HALL  
 MONTPELIER VT 05602

VLCT HEALTH TRUST, INC.  
  
 AUTHORIZED SIGNATURE

⑈003643⑈ ⑆011600062⑆ ⑆67⑈04⑈0555⑈9⑈

WARNING OF SPECIAL MEETING  
MONTPELIER BOARD OF  
SCHOOL COMMISSIONERS

Tuesday, January 12, 2010  
5:00 PM

Montpelier High School Library  
5 High School Drive  
Montpelier, Vermont

AGENDA

5:00 p.m.	1. Call to Order
	2. Public Comments
	3. Executive Session a. Personnel
6:00 p.m.	4. Adjournment