

## Supporting Flood Relief at the Community Services Dept.



MYCC Crew Supporting Flood Relief | July 2023

# **Community Services Dept. 2023 FALL PROGRAMS & EVENTS**

Montpelier Community Services Department  
Montpelier Senior Activity Center · Recreation · Parks & Trees

# Welcome

## Community Services Program

### Welcome to the City of Montpelier Community Services Department's Fall 2023 Program Guide!

Harvest new experiences from the Community Services Department this fall. Despite challenges stemming from the flood this summer, we're here to support activities for all ages!

We're excited to announce both in-person, Zoom-only, and hybrid classes available at the Senior Activity Center. Entertain yourself by signing up for Rockin' & Reelin' with John Harrison!

Recreation will also be rocking this fall with a full suite of programs, including open gym, youth soccer, pickleball, and pick-up basketball. Come by our gym and hang out while staying active.

Last, the Parks Department continues to support outdoor recreation fun with new trails like the Universally Accessible trail in Hubbard Park. Get out and see the leaves turn before it gets too cold! Also, don't forget to mark your calendars for the Enchanted Forest returning in October 2023.

We're also excited to announce that the FEAST Farm Stand is returning to MSAC on Wednesdays from September to December 2023. Despite losing our farm produce, we have secured produce for a fall season farmstand that we cannot wait to open.

Fall into good times at Community Services, and if you have any questions about any programs and events, please come to the MSAC office at 58 Barre Street!

- The Community Services Team

## Table Of Contents

Staff List & Resources	3
Fall 2023 Preview	4
CS Bulletin Board	5
Parks & Trees	6
Parks FAQ	7
Recreation	8-11
Recreation FAQs	12
MSAC Class Information	13
MSAC FAQs	14-15

**Ski & Skate Sale**  
**Saturday, October 21st**  
**from 9am to 2pm**  
**Barre Auditorium**

**Drop off on Friday evening**  
**Call our office to learn more:**  
**802-225-8699**

**MSAC Potluck**  
**Friday, October 27th**  
**11:45 am - 1 pm**  
**MSAC Community Room**

**Please bring your own dishes and glasses. And if you can, bring a dish too!**

# Staff List & Resources

## STAFF

**Arne McMullen**, Director, Recreation & Senior Services,  
[amcmullen@montpelier-vt.org](mailto:amcmullen@montpelier-vt.org)

**Eli "Poa" Mutino**, FEAST Program Manager,  
[feast@montpelier-vt.org](mailto:feast@montpelier-vt.org)

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[sjames@montpelier-vt.org](mailto:sjames@montpelier-vt.org)

**Norma Maurice**, Administrative Assistant,  
Community Services Department,  
[nmaurice@montpelier-vt.org](mailto:nmaurice@montpelier-vt.org)

**Matt Wilson**, Communications & Development Coordinator,  
Community Services Department,  
[mwilson@montpelier-vt.org](mailto:mwilson@montpelier-vt.org)

**Alec Ellsworth**, Parks & Trees Director,  
[aellsworth@montpelier-vt.org](mailto:aellsworth@montpelier-vt.org)

**Leila Faulstich**, Parks Supervisor,  
[lfaulstich@montpelier-vt.org](mailto:lfaulstich@montpelier-vt.org)

**Cara Barbero**, Crew Leader,  
[cbarbero@montpelier-vt.org](mailto:cbarbero@montpelier-vt.org)

**Haidi Arias**, Recreation Assistant Director,  
[harias@montpelier-vt.org](mailto:harias@montpelier-vt.org)

### Key

Montpelier Senior Activity Center (MSAC)

Parks & Trees

Recreation

## Important Announcements

- Community Services' offices will be closed for following holidays: **Indigenous Peoples Day (10/9), Veterans Day (11/10), and Thanksgiving weekend (11/23 & 11/24)**. Our offices may have reduced hours/services the week of November 20th.
- The Montpelier Senior Activity Center (MSAC) Fall Class Registration is open from **August 28th - September 22nd**.
- **Payments:** Payments must be made at time of registration. Be advised: there is **no late fee** for this semester. Fee is waived for new MSAC members.
- **Recreation Winter Registration:** Follow our online channels and sign up online at [bit.ly/MontpelierCSRegistration](http://bit.ly/MontpelierCSRegistration).
- **Enchanted Forest** returns to Hubbard Park in October! Go to AllTogetherNow's website to get tickets: [alltogethernowvt.org](http://alltogethernowvt.org)

## COVID-19 Guidelines

The Community Services Department advises the public that while masks are no longer mandatory to enter our buildings, they are strongly encouraged, especially in the MSAC building where we host vulnerable populations on a regular basis. Stay safe and healthy!

For COVID guidelines, visit the City of Montpelier:  
<https://www.montpelier-vt.org/1155/Coronavirus-Response>

Or Vermont State: <https://www.healthvermont.gov/covid-19>

## Important & Helpful Resources

Reasonable Accommodations for all programs,  
call Community Services: [802-223-2518](tel:802-223-2518)

Green Mountain Transit: [802-223-7287](tel:802-223-7287) | <http://ridegmt.com>

Senior Helpline: [1-800-642-5119](tel:1-800-642-5119) | [www.cvcoa.org](http://www.cvcoa.org)

The Vermont Center for Independent Living (VCIL) helpline:  
[1-800-639-1522](tel:1-800-639-1522)

Veterans Crisis Line: [1-800-273-8255](tel:1-800-273-8255) (Press 1)

Vermont 211: [2-1-1](tel:2-1-1) (All human services resources and information)

Washington County Mental Health Services Crisis Line/Suicide/  
Emergency/screeners: [229-0591](tel:229-0591)

See more helpful resources on our website:  
[bit.ly/MontpelierCSResources](http://bit.ly/MontpelierCSResources)

**Check out these  
events and more  
on Page 5!**

# Fall 2023 Preview

## *Celebrating Community this Fall at the Community Services Department*

The July 2023 flood caused severe damage throughout Vermont, and Montpelier was an epicenter for that damage, in terms of infrastructure and community morale. Many small businesses in downtown Montpelier closed, some permanently, and many community members were left to pick up debris from their homes and businesses. The flood didn't leave Montpelier in despair for long though. Within a week of the crisis, there was a volunteer hub established at the corner of Barre and Main Streets. This hub was organized by the Parks Department and run by volunteer support, especially from our MYCC crew.

But the generosity didn't stop there. Help came from across the country as donated goods poured into the Recreation gym and volunteers registered to clean up the debris left behind. Volunteer support during these days and weeks was crucial to putting our community back on its feet, and we cannot thank you all enough! Through it all, Community Services was here to step up and serve our community. Now that we've reopened for programs and events, we want you all to know— we will continue to celebrate our Montpelier community this Fall and beyond.

We are on social media (see below), and you can reach out to either of our department heads— MSAC & Recreation: [amcmullen@montpelier-vt.org](mailto:amcmullen@montpelier-vt.org) or Parks: [aellsworth@montpelier-vt.org](mailto:aellsworth@montpelier-vt.org); or you can contact our Communications Coordinator: [mwilson@montpelier-vt.org](mailto:mwilson@montpelier-vt.org).

Stay connected with us! Follow us [@MontpelierSeniorActivityCenter](#), [@MontpelierRec](#), and [@MontpelierParks](#) on Facebook, as well as our website: <https://www.montpelier-vt.org/944/Community-Services-Department>.



Community members assist with bringing donated goods for flood relief into the Recreation gym | July 2023

# Community Services Bulletin Board

## Department Information

City of Montpelier Community Services  
Department Administrative Offices  
at the Montpelier Senior Activity Center  
58 Barre Street  
Office open Monday through Friday, 9am-3pm

**Parks:** [802-223-7335](tel:802-223-7335)

**Recreation:** [802-225-8699](tel:802-225-8699)

**Senior Activity Center:** [802-223-2518](tel:802-223-2518)

Our offices will be closed for the holidays listed on page 3. Classes & activities may still take place on those days. Please contact your instructor(s) for clarification on class closures. Other facilities will announce closures as needed.

## Volunteering with Community Services

Volunteer opportunities abound at the Community Services Department. Some examples include leading a class at the Senior Activity Center, coaching a youth sports team, assisting with events like the Ski & Skate Sale, and much more.

List of opportunities and contact information are listed for each respective department at the end of their section. Volunteer and employment opportunities are also listed on our website: <https://www.montpelier-vt.org/869/Employment>.

Finally, you can contact our respective offices directly using the info to the left. Thank you for lending a hand and helping the Montpelier community!

## Community Announcements

### **Enchanted Forest**

**Fri. October 20th and Sat. October 21st | 3:30-7:30pm**

Enchanted Forest reemerges from Hubbard Park this October. Come and experience the fanciful festival for the fall season. Elves, sprites, and other magical beings will entertain the whole family!

Enchanted Forest returns on Friday, October 20th from 4:30 to 7:30 pm and Saturday, October 21st from 3:30 to 7:30 pm. These guided hikes take place at Hubbard Park and last about an hour, including a 20-minute performance. All tickets are purchased online-- there are no tickets sold at the door. Meet at the New Shelter.

Tickets are on sale now: <http://www.montpelier-vt.org/enchantedforest>. Child tickets are \$7, Adults are \$15, and Families of four are \$35. For accessibility and park related questions, please call our office at 802-223-7335 or email Parks Supervisor Leila at [lfaulstich@montpelier-vt.org](mailto:lfaulstich@montpelier-vt.org). Event questions, please email All Together Now: [info@alltogethernowvt.org](mailto:info@alltogethernowvt.org).

We hope to see you at the Enchanted Forest this Fall!



### **Ski & Skate Sale**

**Sat. October 21st | 9 am - 2pm**

Montpelier Recreation's Annual Ski & Skate Sale is returning on Saturday, October 21st from 9am to 2pm at the Barre Auditorium. If you wish to sell items, please bring to the Aud on Friday, Oct 20th for set up. If you have any questions or would like to volunteer for the event, please call our office: [802-225-8699](tel:802-225-8699).

### **MSAC Potluck Lunch**

**Friday, October 27th | 11:45am - 1pm**

Mark your calendars for the **FIRST MSAC POTLUCK LUNCH**, on Friday, October 27th from 11:45 am - 1 pm. All are welcome to dine whether or not you contribute a dish. Please RSVP by emailing or calling Nancy Munno: [Nanmunno0@gmail.com](mailto:Nanmunno0@gmail.com) or 802-793-6644. Please let us know you plan to come, whether you'll bring a dish, what it is (if you know) and if you need a ride.

If you can, please bring your own plates, mugs and utensils. We'll have compostable cups, plates, forks and knives for those who don't bring their own. No one will be turned away for not RSVPing or donating, but both are VERY appreciated and necessary to help us do this again in the future!

# ENCHANTED FOREST 2023

The Enchanted Forest is an annual guided hike in Hubbard Park that gives people the opportunity to experience the magic of the forest at night. Attendees follow a guide through a path to the Stone Tower lit by hundreds of carved pumpkins and lanterns. Along the way they'll find a variety of performances, art installations, and wandering forest entertainers. At the top of the route, they'll find Hubbard Park's 54-foot high stone tower lit up by fires and enjoy a 20-minute performance, then return to the entrance.

This event is co-created by AllTogetherNow! and the Montpelier Parks & Trees Department. For accessibility questions, contact Parks Supervisor Leila Faulstich at [lfaulstich@montpelier-vt.org](mailto:lfaulstich@montpelier-vt.org). Other questions, call the Park office at 802-223-7335.

## VOLUNTEER HUB IS ACTIVE

The Montpelier Parks Department dove headfirst into the volunteer effort when the flood happened in July. We primarily staffed the Volunteer Hub while it still had a physical location in downtown Montpelier through the summer. Now that it is fall, there is no longer a physical hub downtown. However, we're still here to serve Montpelier through our online website: [www.montpelierhub.com](http://www.montpelierhub.com).

We also send out a bi-monthly newsletter to let folks know about volunteer opportunities in Montpelier. If you're interested, please sign up on the Community Services page: [www.montpelier-vt.org/CS](http://www.montpelier-vt.org/CS). For all other flood resources, visit the City of Montpelier's website: [www.montpelier-vt.org](http://www.montpelier-vt.org).



The Enchanted Forest  
27th Anniversary!  
Friday & Saturday  
October 20th & 21st

Start times beginning:  
Friday 4:30 - 7:30pm  
Saturday 3:30 - 7:30pm

Explore the mystery of nature with theater, storytelling, candlelit trails and more on a magical walk through Hubbard Park's Enchanted Forest!

Tickets: [www.alltogethernowvt.org/enchanted\\_forest](http://www.alltogethernowvt.org/enchanted_forest)  
\$15 Adult / \$6 Child / \$35 Family • No tickets sold at the event.  
To volunteer, learn more, and ask questions, email: [info@alltogethernowvt.org](mailto:info@alltogethernowvt.org)

Presented by:  
City of Montpelier AllTogetherNow!

Tickets sell out quickly!  
Don't delay!



Montpelier  
Community  
online flood  
response hub

# Parks & Trees FAQs

## FACILITIES FOR RENT

### **Hubbard Park Shelters**

Are you looking for the perfect place to host your cookout, picnic, or outdoor event? The Old Shelter, New Shelter, and Tuning Forks Stage in Hubbard Park may be reserved for use in four-hour blocks. Both shelters come equipped with grills, picnic tables, and running water.

Groups over 50 should fill out a group permission form at least 6 weeks ahead of time to give the Parks Commission enough time to review the request. Call [223-7335](tel:223-7335) for more info or fill out our form at [www.montpelier-vt.org/parks](http://www.montpelier-vt.org/parks).

## FACILITIES DESCRIPTION

### **Hubbard Park**

#### **Parkway Street**

Montpelier's crown jewel. Hubbard Park has ample parking (although no designated handicapped spaces), two shelters, a stage, four outhouses, a ballfield, and a 54 foot stone observation tower. The Tower can be accessed by car upon request, but is generally available only to those hiking on rustic trails. The "New Shelter" has an accessible route, though currently has a non-compliant lip onto the concrete pad under the shelter. The "Old Shelter" does not have an accessible route, but can be accessed by vehicle upon request. None of the outhouses are accessible.

### **North Branch River Park**

#### **East side of Elm Street (Route 12)**

North Branch River Park extends along almost three quarters of a mile of the North Branch River, with important wetlands and a rich diversity of wildlife. North Branch River Park does not have any accessible routes. You cannot drive into the park, but can access it via Cummings Street, the Elm Street Recreation Area, North Branch Nature Center, or Gould Hill Rd.

### **Mill Pond Park**

#### **East side of Elm Street (Route 12) at junction with Summer Street**

Several hundred feet of river frontage, boat launch, wooden benches, river-view stone steps. Fruit trees and berry bushes are available for the public's enjoyment. Mill Pond Park has on-road parking (no accessible spots designated), and has a small accessible pathway. The path to the boat launch is not accessible.

### **Blanchard Park**

#### **Wilder Street**

A short, steep hike yields a beautiful view of downtown Montpelier. Blanchard Park has multiple benches and a small playground made of natural materials, including a giant hollow log and a climbing wall. This park is not accessible.

### **Peace Park**

#### **Along the Siboinebi Path, west of Montpelier High School**

Peace Park is a wonderfully peaceful spot to read a book, have a picnic, or simply watch the Winooski River. Surrounded by fruit trees and berry bushes that are available to the public, the park has multiple benches and picnic tables. This park is accessible via the Siboinebi Path.

### **Other Parks**

Check out Montpelier's other community and neighborhood parks at: [www.montpelier-vt.org/235/Parks](http://www.montpelier-vt.org/235/Parks).

# Recreation

## Montpelier Recreation Department Your Community Neighbor Since 1945

55 Barre Street – Montpelier, VT 05602

Telephone: [802-225-8699](tel:802-225-8699)

[www.montpelier-vt.org/838/Montpelier-Recreation](http://www.montpelier-vt.org/838/Montpelier-Recreation)

### Office Hours:

Our office hours are Monday through Friday 9 am to 4:00 pm. Our office will be closed for holidays on September 4th, October 9th, November 11th, and November 23rd and 24th.

### Registration:

Pre-registration is required for most recreational programs including youth sports. Sport leagues and/or instructor schedules and supplies are based on pre-registration for programs. Registration can either be done at the Rec Center in-person or online if you have an account set up with the Recreation Department.

Registration submitted after the deadline may not be accepted if the league or program is full.

### Request an Online Account:

You may request an online account by creating an account through our website or by requesting a Household Form that would need to be returned to the Rec Center. Once the form is turned in, the staff will create your account. All future registrations can be done online, and you can pay online too!



### Did you know we had an Instagram page?

The Montpelier Recreation Department has a Facebook and Instagram page [@MontpelierVTRec](https://www.instagram.com/MontpelierVTRec). Follow us there and on our Facebook page [@MontpelierRec](https://www.facebook.com/MontpelierRec) for the latest updates and community announcements from MRD.



### Program Fees:

Payment is required (in full) at time of sign up either in-person or online. Most programs are available to register online. When using the online registration system, you may pay online with a credit card or debit card. If you wish to pay with a check or cash, you must turn in a registration form along with a payment. Please make all check out to: **Montpelier Recreation Dept.**

### Refunds:

A refund is only issued when:

1. *A program is cancelled by the Recreation Department.*
2. *Cancellation by parent/guardian two days prior to start date.*

### Program Cancellations:

If the minimum enrollments for a program are not reached, the program will be cancelled, and participants will be contacted through email either by the coach/instructor or Recreation Department staff.

### Weather Conditions:

- *Classes may be cancelled due to inclement weather.*
- *When our schools close, all classes held at school facilities will be cancelled.*

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## Instructors & Volunteers Wanted for the Montpelier Recreation Department!

The Montpelier Recreation Department (MRD) continues to work on expanding programs for adults and children. If you would like to share your talent (volunteer or paid), please call [802-225-8691](tel:802-225-8691) between 9:00 am and 4:00 pm to arrange a meeting. Some programs we would like to offer the public are Tai Chi, Dance, Craft Programs, Home Maintenance Programs, Basic Automotive Maintenance Programs, and pre-school activities. Bring your talents to MRD and the Montpelier community.

- Arne McMullen, Recreation Director, [amcmullen@montpelier-vt.org](mailto:amcmullen@montpelier-vt.org)
- Haidi Arias, Assistant Recreation Director, [harias@montpelier-vt.org](mailto:harias@montpelier-vt.org)



# Adult Programs & Open Gym

## Noontime Basketball

Winter Season Hours

Sept 5 - Dec 29, 2023

Days: Monday, Wednesday, Thursdays, & Fridays

Time: 11:45am - 1:15pm



Daily Fee: \$4.00 (Res) & \$6.00 (Non-Res.) Pay at the Door

Season Fee: \$90.00 (Res) & \$135.00 (Non-Res)

Punch Cards: \$45.00 (Res) & \$60.00 (Non-Res) \*22 visits

Questions? Contact our office at [802-225-8699](tel:802-225-8699)

**NO BASKETBALL ON TUESDAYS!**

## Open Gym for Pickleball

Fall/Winter Session - See the Rec Website for the latest programs info

Pickleball Levels:

Beginners: Mon: 1:30 - 3 pm || Wed: 9 - 10:30 am

Beginner/Intermediate: Thurs: 1:30 - 3 pm

Intermediate: Mon & Thurs: 9 - 10:30 am ||

Wed: 1:30 - 3 pm

Intermediate/Advanced: Tues & Fri: 9 - 10:30 am



Daily Fee: \$4.00 (Res) & \$6.00 (Non-Res.)

Pay at the Door.

Punch Card: \$45.00 (Res) & \$60.00 (Non-Res) \*22 visits

Note: Punch Cards purchased pre-pandemic are still valid.

Find us on [Playerlineup.com](http://Playerlineup.com)

Search for: [Montpelier Rec Center PB](#)

## Dodgeball Open Gym

Fall/Winter Season Hours

Tuesday nights at the Rec Gym

October 31, 2023 - March 26, 2024

Days: Tuesdays

Time: 7 - 9 pm



Open Gym Fees Apply: Fees are paid at the door!

Resident: \$4.00 / Non-Resident: \$6.00

Season Fee: Resident: \$50.00 / Non-Resident: \$75.00

Questions? Contact our office at [802-225-8699](tel:802-225-8699)

## Basketball Open Gym Nights

Fall/Winter Season Hours

Wednesday and Friday nights at the Rec Gym

October 11, 2023 - March 29, 2024

Days: Wednesdays & Fridays

Time: 7 - 9 pm

Open Gym Fees Apply: Fees are paid at the door!



	Resident	Non-Resident
K - 8th Grade	\$1.50	\$3.00
9- 12th Grade	\$2.00	\$4.00
Adult (18+)	\$3.00	\$6.00
Family	\$6.00	\$12.00

Questions? Contact our office at [802-225-8699](tel:802-225-8699)



For the latest updates on Montpelier Recreation Programs, please visit our website:

[www.montpelier-vt.org/RecPrograms](http://www.montpelier-vt.org/RecPrograms)

# Youth Basketball Registration

## Youth Basketball Registration - Opens Monday, Oct. 2

It is time once again to sign up for winter sports, and the Montpelier Recreation Department is accepting registration for PK-6 Youth Basketball. This volunteer-run youth basketball program is an opportunity for 5- to 12-year-old (K-6th Grade) to build self-esteem and have fun in a cooperative play environment. This program is open to players of all abilities. Participants will learn the basic skills: dribbling, passing, shooting, offense & defense, to use them in game like situations.

### **Deadline to sign up is November 3rd @ 4 pm**

It is important to register before the deadline so we can properly schedule for the correct number of teams. Having the correct number of players per team ensures playing time for all players.

### **Youth Basketball Divisions:**

#### **Gr. PK/K Co-ed (Age 4 & 5) - No Evaluation**

Season: January 6 - February 24 (Tentative Date)

Practice/Games: Practice and Games will be on Saturday mornings at the Rec. Center Gym. Timeframe (11ish - 1:00pm)

Travel: No traveling at this age group.

#### **Gr. 1/2 Co-Ed: (Ages 6 & 7) - No Evaluations**

Season: January 6 - February 24 (Tentative Date)

Practice: Teams will practice on Saturday morning at the Rec Center Gym.

Games: Saturday mornings at the Rec. Center Gym

Travel: No traveling at this age group.

#### **Gr. 3/4 Girls: (Ages 8 & 9)\* - Evaluations: Tuesday, Nov. 7 @ 5 pm**

*\*Only if needed to form more than one team.*

Season: November 20 - Feb. 24

Practice: Teams will practice once or twice a week at the Rec. Center Gym (Depending on Gym availability)

Games: Saturday mornings at Main St. Middle School (Dec. 9 - Feb. 24)

Travel: Teams will be traveling to other towns around the area.

#### **Gr. 3/4 Boys: (Ages 8 & 9) - Evaluations: Sat. Nov. 4th @ Rec. Center (3rd at 9 am and 4th at 10 am)**

Season: November 20 - Feb. 24

Practice: Teams will practice once or twice a week at the Rec. Center Gym. (Depending on Gym availability)

Games: Saturday mornings at Main St. Middle School (Dec. 9 - Feb. 24)

Travel: Teams will be traveling to other towns around the area.

#### **Gr. 5/6 Girls: (Ages 10 & 12)\* - Evaluations: Tuesday, Nov. 7 @ 6 pm**

*\*Only if needed to form more than one team.*

Season: November 20 - Feb. 24

Practice: Teams will practice twice a week at the Rec. Center Gym. (Depending on Gym availability)

Games: Saturday mornings at Main St. Middle School (Dec. 9 - Feb. 24)

Travel: Teams will be traveling to other towns around the area.

#### **Gr. 5/6 Boys: (Ages 10 & 12) - Evaluations: Saturday, Nov. 4th @ Rec. Center (5th at 11 am and 6th at 12 pm)**

Season: November 20 - Feb. 24

Practice: Teams will practice once or twice a week at the Rec. Center Gym. (Depending on Gym availability)

Games: Saturday mornings at Main St. Middle School (Dec. 9 - Feb. 24)

Travel: Teams will be traveling to other towns around the area.



# Winter Skiing

## Sugarbush Youth Sunday Ski Program

Sugarbush is offering skiing and/or snowboarding for member schools and recreation departments. The goal of this Program is to encourage and/or introduce children to the sport of skiing and/or snowboarding at a reasonable rate. All Sunday youth programs will take place at Mount Ellen.



### Program Dates:

This program will run on Sundays from January 7th through February 11, 2024 (skipping 1/14). Cancellation make-up date will be scheduled for a Sunday in March (only if cancelled by Sugarbush). Make up dates will not be schedule for February 18th or 25th, 2024.

### Clinic Times:

1 - 3 pm. Participants must line up by 12:45pm. All rental participants should arrive at 12 pm to get their gear.

### Eligible Participants:

Children and youth from 5 to 18 are eligible for our five-day program. If you would like more information about becoming a chaperone, please contact Haidi at [harias@montpelier-vt.org](mailto:harias@montpelier-vt.org).

### Fees:

\$10.00 per participant - Montpelier Resident

\$15.00 per participant - Non-Montpelier Resident

*All forms and fees MUST be turned into the Montpelier Recreation Dept. (55 Barre St.) by Friday, Nov. 10th.*

Please made checks out to the following:

Check 1: Admin Fee - Please make check out to Montpelier Recreation

Check 2: Program Fees including the 6% sales Tax - Please make check out to Sugarbush Resort

Forms are available online and at the Rec Center (55 Barre Street) and Senior Center (58 Barre Street).

### BKL Youth Cross Country Ski Program - TBA Soon!

Saturdays, TBA | 1:00 - 2:00 pm | North Branch Nature Center

\$55 Montpelier residents/ \$65 non-Montpelier Residents | Ages 4-10



Looking for a way to enjoy the Vermont winter? In collaboration with the Onion River Nordic Ski Club, the Bill Koch Youth Ski League (BKL) cross country ski program provides kids the skills they need to enjoy this lifetime sport. Our focus is to provide game-based lessons to ski, develop balance and agility, and gain comfort on skis. We will be based at North Branch Nature Center where we will explore the trails and fields together. Parent participation is encouraged and is essential to the success of the program. All ability levels are welcome! \$5 discount for additional siblings.

Register By December 15th. Please contact our office for more information: 802-225-8699.

# Recreation FAQs

## Recreation Department

### **Instructors & Volunteers Wanted for the Montpelier Recreation Department**

The Montpelier Recreation Department continues to work on expanding programs for adults and children. If you would like to share your talent (volunteer or paid), please call [802-225-8691](tel:802-225-8691) between 9:00 a.m. and 4:00 p.m. to arrange a meeting. Some programs we would like to offer the public are Tai Chi, Dance, Craft Programs, Home Maintenance Programs, Basic Automotive Maintenance Programs, and pre-school activities. Bring your talents to MRD and the Montpelier community.

### **Montpelier Recreational Center**

Looking for a place to have a birthday party? The Montpelier Recreational Center is the perfect place to celebrate. There is plenty of room for games and activities and no need to cancel a party due to bad weather. \$30 per hour. Contact the Recreation office for more information at [802-225-8699](tel:802-225-8699).

### **Dog River Recreational Area**

The Dog River Recreation Area has baseball and softball fields where our summer leagues are held as well as serving as a soccer field for the youth program in the fall. There are picnic tables and a couple of grills near the river for small get-togethers.

### **Tennis Courts**

Tennis courts are open from mid-April through October pending weather. They are closed during the winter months. There are four lighted courts located at the Elm Street Recreation Field and four at the Montpelier High School.

#### *Court Rules*

- Montpelier Public Schools and Montpelier Recreation Department's programs take precedence over all other play.
- In case of lightning, users must vacate outdoor courts for at least 30 minutes after the last

thunder/lightning is heard/seen.

- Courts are to be used for tennis & Pickleball only. No bicycles, skates, skateboards, in-line skates, hockey, baseball or other activities permitted.
- Sitting or leaning on nets causes damage to the nets and net straps and is strictly prohibited.
- No food or beverages, other than water or sport drinks, are permitted on the courts.
- Sneakers or tennis shoes only may be worn on the courts.
- Smoking is prohibited.
- Glass containers are prohibited.
- Trash is to be placed in the provided containers.
- Pets are not permitted on the courts.
- Excessive noise, racquet throwing, and profanity are strictly forbidden.
- When others are waiting to play, all play is restricted to one hour singles and doubles.
- No private instructions or classes are allowed without written permission from MRD.
- All tennis court rules, regulations, and courtesies shall be observed.
- Users under the age of 14 must be accompanied by an adult after 6pm.

### **Picnic Area on Elm Street**

If you are planning an outing, company picnic, or just a group get-together, this area can be reserved by the day. The picnic area has 4 grills and 4 picnic tables, horseshoe pits, volleyball court and an open area for other games, as well as access to the pool. To reserve space, contact the Recreation office at [802-225-8699](tel:802-225-8699).

### **Elm Street Pavilion**

On Elm Street near the pool. \$20 per hour. Contact our office at [802-225-8699](tel:802-225-8699) for more information.

# MSAC Fall Programs

## Osher Lifelong Learning Institute's Fall 2023 Lecture Series

\*All lectures are held at the Montpelier Senior Activity Center, unless otherwise stated.

- **From Parlors to Polls: Vermont Suffragettes with Linda Radtke**  
September 20th from 1:30 - 3 pm
- **The Many Variations of Medicare with Christine Melicharek**  
September 27 from 1:30 - 3 pm
- **The US Government's Hunt for UFOs with Garrett Graff**  
October 4 from 1:30 - 3 pm
- **Tree Species Migration: Coping with Climate and Other Changes with Professor Tony D'Amato**  
October 11 from 1:30 - 3 pm
- **The 251 Club of Vermont: Visiting All of Our Cities and Towns! with Exec. Director Stephanie Young**  
October 18 from 1:30 - 3 pm
- **Vermont Senior Games with George Moltz and Margaret Gibson**  
October 25 from 1:30 - 3 pm
- **The Parkinson's Pantomime Project with Rob Mermin**  
November 1 from 1:30 - 3 pm
- **Dorothy Canfield Fisher Revisited with Ben Koenig**  
November 8 from 1:30 - 3 pm
- **Trouble in Paradise (1932) | Savoy Theater | November 15 | 1:30-3:30pm**
- **The Shop Around the Corner (1940) | Savoy Theater | November 29 | 1:30-3:30pm**
- **To Be or Not to Be (1942) | Savoy Theater | December 6 | 1:30-3:30pm**



## Vermont Author Book Talk Series at MSAC

The Montpelier Senior Activity Center has pleasure of hosting three authors this fall for our Vermont Author Book Talk Series. No need to RSVP, and please read the books in advance for active discussion. Make sure to pick up a copy from a local bookstore like Bear Pond Books in Montpelier!

- ***A History of Silence (Book One of The Heartland Trilogy)* by Cynthia Bogard**  
Thursday, September 21st from 1:30 - 3 pm | MSAC Community Room
- ***Attic of Dreams: A Memoir* by Marilyn Webb Neagley**  
Thursday, October 12th from 1 - 2:30 pm | MSAC Community Room
- ***Save Me A Seat: A Life With Movies* by Rick Winston**  
Thursday, November 2nd from 1:30 - 3 pm | MSAC Community Room



# MSAC FAQs

## Program Registration

### **Registration Dates**

The Montpelier Senior Activity Center (MSAC) class registration for Fall 2023 will open on Monday, August 28th for residents from all towns and close on Friday, September 22nd. Pre-registration is required for all MSAC classes. We accept credit card payments for all transactions. This service is offered at no additional fee for your convenience. Please consider paying with cash or check or making an additional contribution to cover the card processing fees. Credit card payments are only taken through online registration portal at this time.

When activities with limited enrollment become full, you may be subject to a registration lottery and/or placed on a waiting list. We will notify you in these instances and discuss available options.

### ***Do you provide scholarships?***

The Montpelier Senior Activity Center offers financial aid for memberships to residents of Montpelier and our Supporting Towns, and for trips and classes for members from any town.

### ***How much does it cost?***

For most Montpelier Senior Activity Center programs designed for age 50+, you must be a dues-paying member of the Center to take part, but there are many exceptions.

### **MSAC Membership requirements and exceptions:**

#### ***New Members, age 50+***

Fill out a form and paying FY24 annual dues of \$25 for Montpelier, \$40 for our five supporting towns, or \$60 for other towns, \$120 for Patrons.

#### ***City employee non-members***

Please notify MSAC staff if you wish to register for classes (regardless of age) or join as a member. We are pleased to have more instructors offer classes to city employees!

#### ***Other non-members***

Inquire to MSAC staff if you have questions about your fees or eligibility.

### ***Am I a resident?***

If you pay property taxes in Montpelier, whether on a primary or secondary residence, you qualify for the resident rate.

### ***What is the refund policy?***

The Montpelier Senior Activity Center has a refund policy. MSAC usually allows any class participant to drop a class up to two weeks after the first session for a full refund, no explanation necessary. Exceptions are made only for health or family emergency-related drops, in which case pro-rated refunds are available.

### ***Can I sign up after the registration deadline?***

Late sign-ups are allowed at the instructor's discretion, if there is room. Once a class has started, participants will need to either pay the walk-in fee per class or will need to pay in full for the class.

### ***Is there a late fee?***

There is no late fee for the Fall 2023 semester.

### ***Why do MSAC members from supporting towns still pay higher class fees than Montpelier residents?***

MSAC members from Supporting Towns (Berlin, Calais, East Montpelier, Moretown, and Worcester) pay higher fees for the classes open to members only because the amount that those towns contribute to the MSAC operating budget is still far less, per person served, than the amount that is contributed by the City of Montpelier (Montpelier taxpayers).

However, members from Supporting Towns do enjoy the benefits of lower dues and more spaces in limited size classes, compared to members from Non-Supporting Towns, and in most cases now, their class fees are the same as Montpelier members.

This is because nearly all MSAC classes are open to the general public now, and class fees are for members vs. non-members. For more information about this situation with Supporting Towns, Class Fees, and Membership Dues, please go to: <https://www.montpelier-vt.org/1142/MSAC-and-surrounding-communities>.

# MSAC FAQs

## Programming, Facilities, & Volunteering

### ***What if a program is postponed or cancelled?***

If the minimum enrollment for a program is not reached, the program will be cancelled, and participants will be contacted and offered the option of credit or a refund. Classes may be cancelled due to inclement weather. When Montpelier Roxbury Public schools close for weather, all classes held at school facilities will be cancelled and **MOST** Montpelier Senior Activity Center programs, regardless of location, are cancelled unless otherwise announced, though it is different for online classes which are likely to run, with decisions made by instructors. The office remains open. Please call the office for information at [225-8699](tel:225-8699) or [223-2518](tel:223-2518).

### ***How do I register for programs and classes?***

Registration forms are available in our office at 58 Barre Street and online at: [www.montpelier-vt.org/msac](http://www.montpelier-vt.org/msac).

### ***Online Registration***

Online registration is available for most programs at [www.montpelier-vt.org/csregister](http://www.montpelier-vt.org/csregister). Please note that you must already have an account in our system in order to register online. If you do not have an account, or can't remember your account password, please call us at [223-2518](tel:223-2518). Most programs require advance registration, as instructors prepare based on pre-registration counts.

### ***Renting MSAC Space:***

Looking for space to hold a private meeting, class, rehearsal, party, or other event? MSAC has four different rooms available to rent. Amenities include new audio-visual equipment, full-service onsite catering available, free Wi-Fi, and bulk rental discounts. The building is ADA accessible, LEED Platinum certified, air-conditioned, bright, and comfortable. MSAC also has a fully equipped commercial kitchen that is available for rent, though availability is more limited as MSAC's FEAST Senior Meals are produced there. Room rates range from \$40 to \$150 per hour with a two-hour minimum; some fees apply.

**Questions about registration, membership or class payment? Contact Norma at [802-223-2518](tel:802-223-2518) or [nmaurice@montpelier-vt.org](mailto:nmaurice@montpelier-vt.org).**

**Questions about financial aid, MSAC's budget or programs? Contact Sarah at [802-262-6283](tel:802-262-6283) or email [slip-ton@montpelier-vt.org](mailto:slip-ton@montpelier-vt.org).**

For more info, contact the office at [223-2518](tel:223-2518) or [nmaurice@montpelier-vt.org](mailto:nmaurice@montpelier-vt.org). To request a reservation, fill out the form at: <http://www.montpelier-vt.org/FormCenter/Community-Services-11/Facility-Reservation-Request-58>.

### ***MSAC Volunteers***

Are you a high school student looking for extracurricular engagement with the community? Are you a retiree who wants to continue finding meaning and serve along with fellow volunteers? Or are you just a helpful person who can lend their time to the Montpelier Senior Activity Center this summer? We're looking for engaged folks who want to help out in the office, in the kitchen, and driving Meals on Wheels. From assisting in answering the phones to helping out with classes, events and meals we need your help! Contact Norma at [nmaurice@montpelier-vt.org](mailto:nmaurice@montpelier-vt.org) or call our office: [223-2518](tel:223-2518).

All class registrants are requested to sign our Release of Liability on the Registration Form.

### ***Class duration & holidays***

Classes are usual 10 or 12 sessions with a few exceptions marked below. Most 10 week classes end **the week of November 25th**. Most 12 week classes end **the week of December 11th**. There may be skip-dates or make-ups. MSAC's office will be closed for the following holidays: **Indigenous Peoples Day (10/9), Veterans Day (11/10), and Thanksgiving weekend (11/23 & 11/24)**.

### ***Location***

Classes will be held online via Zoom video or in-person, at MSAC or specified otherwise on the form. Further instructions will come from MSAC staff or your instructor prior to class beginning.

### ***Assistance for online classes***

Instructions are provided to all registrants, and assistance will be available upon request. For anyone lacking a suitable device or internet access, class attendance via phone will also be an option. Additional materials fees or supplies may be required for some classes. Complete class descriptions, instructor bios, and more information can be found in the following pages.



VHCB AmeriCorps Class 2023 Photo at the Barre Granite Museum (Summer 2023)  
See our own Parks AmeriCorps member Marek Zajac top center in the khaki overalls.

City of   
**Montpelier**  
COMMUNITY SERVICES

**Montpelier Community Services Department**  
**58 Barre Street, Montpelier, VT 05602**

[www.montpelier-vt.org/CS](http://www.montpelier-vt.org/CS)

[802-223-2518](tel:802-223-2518)

**Visit our website for updates and programming information.**