

Montpelier Senior Activity Center (MSAC)
Advisory Council (AC) Meeting Minutes (DRAFT 1)
Online Zoom Session: Monday, August 24, 2020 (10:30 – 11:30 am)

Advisory Council (AC) members attending: Mary Alice Bisbee, Renea Bordeau, Mary Carlson, Barbara Dall, Bill Doelger, Dianne Maccario, Laura Morse, Suzi Swanson. Not attending were Bob Barrett and Robert Youngberg.

The quorum requirement (6) was met.

Others present: MSAC Director Janna Clar, Assistant City Manager Cameron Niedermayer, FEAST manager Sarah Lipton, and AC Member Emeritus Fran Krushenick.

Action on AC Meeting Minutes:

- The AC voted to accept draft 1 of the August 5, minutes as presented.

Discussions:

- **Jessica Sanderson:** Janna noted that the unexpected death of FEAST manager Jessica Sanderson triggered an outpouring of "memories" and memorial gifts, and that Jessica's sister invited that type of response. Janna welcomed help in developing some sort of event or memory compilation to honor Jessica and her contribution to MSAC life. MSAC searched for a temporary replacement when Jessica was hospitalized and was fortunate to identify Sarah Lipton for that role.
- **Staffing Status:** Sarah's office space will shift to the Resource Room and be shared with the new Americorps Aging In Place Coordinator (Andrew Gribbin), whose position starts September 9. The VISTA position, a reworked version of Chet Cienkowski's position, has not been filled yet and will be more focused on youth and intergenerational programming for the entire Community Services Department. Janna has been working remotely more than in the office, which will change when her children return to school, and Becca Jordan is fully working remotely.
- **MSAC Reopening & Program Activities:** The August 10 "soft" reopening was right after Jessica's death, and since only one person signed up for the informal gatherings, MSAC postponed those for a couple weeks. The foot clinic had 6 participants, with Harry Divack handling the Covid safety screening (as he already did for MSAC vendors), and two more clinics will occur in September; demand is high, but Central VT Home Health nurses limit the clinics to small numbers to safely space participants apart. Crafters want to start meeting in September, but their activities must be timed to ensure they do not overlap facility cleaning or other program activities. The two Zoom lunches were sparsely attended but appreciated. Seven people are believed to have registered for the August 25 lunch at Hubbard Park (Sept. 15 rain date), in addition to a dozen volunteers from a national organization related to Americorps that focuses on parks and outdoors. Registration for fall classes starts August 24, and some instructors are changing their minds about class size, offering on-site vs. remote classes. Residents of supporting towns will rank over members of the general public in lottery drawings to select participants for classes where registrations exceed the maximum that can take part. At least eight participants are needed to make Zoom classes worth the cost and effort. MSAC will refer someone new to Bone

Builders to a special class designed to teach beginners the applicable exercise injury-prevention techniques before they tackle a regular Bone Builders class. FEAST-To-Go participation has been fairly consistent (20-30 per meal). MSAC will start bringing in a couple volunteers to assist chef Mike Morse to ensure that no fresh food from the FEAST farm/garden (and other donated produce) is wasted.

- **Next Advisory Council Meeting:**

When: Monday, September 21, 2020 by Zoom 1:00 – 2:30 pm [*NOTE: This meeting was planned for the morning of September 14 at the time the AC met on August 24 but later was changed due to a staff schedule conflict.*]

Agenda Items: Wellness survey status (Johanna Nichols offered to coordinate), committee assignments, status of class registrations

Note: Bill Doelger said he likely would be unable to attend

Respectfully submitted: *Mary Carlson, scribe du jour*