Montpelier Senior Activity Center for Berlin Town Report

Everyone 50+ is welcome at MSAC, where vibrant programming promotes lifelong learning, healthy aging, socialization, falls prevention and resource access. MSAC’s mission is to enhance the quality of life for the older adults in the Montpelier area through opportunities that develop physical, mental, cultural, social, and economic well-being in a welcoming, flexible environment.

In March 2020, MSAC pivoted from in-person services to pandemic-safe operations. Despite COVID-19, MSAC is still a vital resource for the community. MSAC currently provides home-delivered and to-go meals, referrals to area services, two dozen of our usual six dozen weekly, online, affordable classes, free groups and safely-distanced group gatherings in-person when possible. MSAC offers financial aid, technology assistance, tax preparation, foot care clinics, wellness calls and more. There’s a new Aging in Place Americorps member collaborating with community partners. Staff and volunteers look forward to eventually re-starting more programs in-person and remains dedicated to supporting socialization, safety and wellness.

In FY20, MSAC served at least 47 Berlin residents, and delivered thousands of FEAST Meals on Wheels – at no charge – to some of your most vulnerable older residents. MSAC appreciates Berlin voters’ and residents’ support and hopes to serve more of you in the coming year! We recognize other agencies’ importance to you and believe in collaboration. Thank you for considering our level-funded request. More info: https://www.montpelier-vt.org/1142/MSAC-and-surrounding-communities.

To learn more, register for a program or be added to our weekly e-list, visit www.montpelier-vt.org/msac, call 223-2518 or email msac@montpelier-vt.org.