



Celebrate March for Meals with Montpelier and Community Champions!

Montpelier recognizes 50th anniversary of National Meals on Wheels Program

For Immediate Release

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Contact: Sarah Lipton

Director of Montpelier Senior Activity Center, City of Montpelier

58 Barre Street, Montpelier VT 05602 • (802) 262-6283 • slipton@montpelier-vt.org



March is National Meals on Wheels Awareness month, the 50th anniversary, and Montpelier Mayor Anne Watson plans to officially proclaim the City's recognition! Montpelier Senior Activity Center (MSAC) is unrolling a robust series of events to raise **funds** and **awareness** for their FEAST Senior Meals Program during this month's annual campaign. March 21-25th is their Community Champion Week, and many community partners will help celebrate the vital Meals on Wheels program, with events for all ages! MSAC invites the public to join in, enjoy, learn and contribute!

- **Volunteer with Guest Meals on Wheels deliveries!** MSAC seeks people to join community partners like Kellogg-Hubbard Library, Westview Meadows, Gary Residence, VT Foodbank and Capstone Community Action to do meals on wheels deliveries.
- **Attend the Online Family Event, Thursday, March 24th, 5:30-6:30pm:** Kellogg-Hubbard Library (KHL) is collaborating with MSAC to support March for Meals! Join Jolynda Burton's *Night Kitchen* band and KHL's Meliss Bunce for online music and storytelling in honor of Meals on Wheels. Then join Wilder Arts for an online Rainbow Magic Surprise baking show!
- **Purchase a Special Mediterranean Fundraiser Dinner to Pick-up Curbside on Friday, March 25th between 5:30-6:30pm.** Call 802-223-2518 or email hdivack@montpelier-vt.org to reserve by March 16 for **\$50/person (includes access to 7pm event)**. Chef Shalonda James' enticing menu includes Tabouli, Pita, Lamb Kofta, Tzatziki Sauce, (Vegetarian: Ratatouille), Dolmas (stuffed grape leaves), Escalivada (special roasted vegetables), Baklava (dessert pastry), and Mediterranean Mint Lemonade.
- **Enjoy a Special Online Performance & Roundtable, Friday March 25th, 7:00pm:** Guests will include: Montpelier Community Gospel Choir, special guest star, author/speaker/musician Justin Michael Williams (justinmichaelwilliams.com), and a Roundtable Conversation with **VT Leaders in Food Security** hosted by MSAC Director Sarah Lipton and featuring leaders from: State of VT Department on Disabilities, Aging and Independent Living, VT Foodbank, Capstone Community Action, Central VT Council on Aging and Community Harvest of Central VT. Online donors of \$25 or more will automatically receive a link to watch on the day of the event. For other payment options, contact Harry at 802-223-2518 or hdivack@montpelier-vt.org.
- **Tax-deductible donations are welcome to support Meals on Wheels through online credit/debit card payment at www.montpelier-vt.org/1226/Make-a-donation-to-support-FEAST, via mail to 58 Barre Street, Montpelier, VT 05602 (March for Meals donation in memo line), or by stopping at the same address.**

Sponsors of MSAC's March for Meals 2022 Campaign are: "Friend of FEAST," The Wild Laotian; "Stainless Steel Supporters," Aromed, Gary Residence and Westview Meadows; "Bronze Fork," Three Penny Taproom and "Silver Serving Spoon" Hunger Mountain Co-op.

FEAST Senior Meals Program offers food security to older adults as well as a social outlet and access to other resources, allowing them the opportunity to thrive while aging at home. FEAST's kitchen sources local food and works with a wide variety of community partners and volunteers to serve more than 16,000 meals a year.

To learn more about the March for Meals Campaign and remaining events, or to make a tax-deductible contribution to FEAST Senior Meals Program, visit www.montpelier-vt.org/marchformeals or contact MSAC Director, Sarah Lipton at (802) 262-6283 or slipton@montpelier-vt.org.