

SERVING MEALS ROOT TO FORK...

ABOUT FEAST SENIOR MEALS

FEAST
Senior Meals



Come and FEAST with us!

Congregate lunches are open to the public every Thursday at noon starting in April 2023. The farm stand opens in June 2023.

Donations to FEAST are encouraged! We receive \$3.80 per meal through our federal contract with the Central VT Council on Aging, but due to inflation, it costs us more than \$14 to produce each meal.

FEAST Senior Meals is a Meals on Wheels Program run by and serving the City of Montpelier. We serve 2,000 meals every month for older adults in need, and we offer community services to people of all ages.



FEAST serves the Capital City in several ways. We offer space for the public to connect and learn about resources, host congregated lunches to feed all ages, and deliver smiles and nutritious food to our meal recipients every day of the week.

We operate based on a Root to Fork model, which means we grow our own produce at our city-run farm. The FEAST Farm is a unique asset for our Meals on Wheels program, ensuring local produce in our meals.



FEAST Senior Meals is a 2023 Meals on Wheels America Member. We proudly serve the City of Montpelier and surrounding towns



Learn more about FEAST and donate to ensure food security for your older neighbors:
www.montpelier-vt.org/FEAST

Contact: 802-262-6288 | feast@montpelier-vt.org